

BREAKFAST

MOTHER CITY 85

2 eggs, 2 sausage, 2 macon, grilled mushrooms & tomato with toast

RIB BENEDICT 98

Poached eggs with pulled ribs, mushroom, onion & peppers, coated with hollandaise sauce on a toasted ciabatta

CHILLI BEAN OMELETTE 65

Chilli fried beans sautéed with spring onion, peppers, onion, filled with cream cheese & served with toast
Add grilled chicken 15

SALMON BENEDICT 109

Poached eggs with avocado (seasonal), smoked salmon & spring onion, coated with hollandaise on a toasted ciabatta

BIG DADDY 86

2 eggs, 2 sausages, 2 macon, chilli beans, fries with toast
+BBQ OR Masala Chicken 99
+BBQ OR Masala Beef 99

FEATHER LIGHT 87

Poached eggs, grilled chicken fillet, baked beans, side salad & toast

GREEK PAW PAW 55

Paw-Paw smothered in Greek yoghurt, drizzled with honey & toasted almonds

CHEESE OMELETTE 55

3 egg cheese omelette with toast

FUNGI OMELETTE 69

Filled with mushrooms, wilted spinach, onion, garlic & feta with toast
Add grilled chicken 15

TOASTED SANDWICHES

Brown, white, rye (add R8) with fries or side salad

Cheese, tomato & red onion 48

Creamy chicken mayo & garden lettuce 49

Tuna mayo & coriander 55

Steak, cheese & caramelised onion 88

WHITE BAGEL

With fries or a side salad

Smoked chicken, avo & honey mustard dressing 65

Hard boiled egg, macon, avo, jalapeño sauce 69

Salmon, cream cheese & spring onion 75

CIABATTA

With fries or a side salad

CRISPY CHICKEN 99

Crumbed chicken on a bed of lettuce, fresh tomato, red onion, guacamole & honey mustard sauce

RUMP CHEDDAR MELT 135

Flame grilled rump, caramelised onion & cheddar cheese on a toasted ciabatta - mushroom or pepper sauce

GOURMET GATSBY 139

Char-grilled fillet on a bed of lettuce, tomato & battered onion rings & stuffed with peri-peri fries

TRAMEZZINI

With fries or a side salad

THE FERMO (beef or chicken) 99

With sautéed caramelised onion, peppers, mushrooms & mozzarella in a Mexican or BBQ sauce

SPINACH & FETA 92

Creamy garlic infused spinach, feta & mozzarella on a herb tramezzini

CHICKEN MAYO (hot or not) 95

Creamy chicken mayo & mozzarella

PIRLO 96

Chunky BBQ rib, sautéed onion, pepper, mushroom & mozzarella

WRAPS

Served with fries or a side salad

MEXICAN DELIGHT 108

A gratineed tortilla with red beans, onions & peppers in a Mexican or BBQ sauce, served with guacamole & chopped tomato (beef or chicken)

TIKKA FOLD OVER 85

Grilled tikka chicken on a bed of lettuce & tomato tucked in a roti with creamy mayo

BIG BOSS WRAP 85

Grilled beef or chicken, crisp lettuce, tomato, red beans, corn, coriander, guacamole & Mexican sauce

ENCHILADA 97

Sautéed onion, peppers & mushrooms, tossed in a Mexican or BBQ sauce in a gratineed tortilla. Served with guacamole & cream cheese (beef or chicken)

PIZZA

CLASSIC MARGHERITA 79

Italian tomato & cheese

JALAPENO & PRAWN 99

Sriracha grilled prawns, avo & cherry tomato

HUNGARIAN 96

Grilled chicken, garlic, feta & mushroom

RIBERY PIZZA 99

Chunky rib, onion, mushroom & peppers

MONZA 97

Tikka chicken, avocado & spinach

ALFORNA 89

Larocca alfredo pasta with chicken, garlic & mushrooms in a béchamel sauce on a margherita base

ALCARNE 94

Sausage, macon, mince & jalapeño

PASTA

Penne of fettuccini

ALFREDO 87

The classic Larocca Alfredo with chicken, garlic & mushrooms in a creamy béchamel sauce (Add macon 15)

BAKED ALFORNO 105

Grilled chicken, garlic, mushroom & oregano, tossed in béchamel sauce & baked with cheese (allow 20 min to prepare)

ROKARI CHICKEN 105

Chicken sautéed in a curry scented Napolitana sauce

VEG STIR-FRY 79

Egg noodles, tossed in a medley of peppers, cabbage, carrots & soya with chicken or beef

PRAWN PASTA 99

Sriracha grilled prawns tossed with sautéed red onion, basil & spinach in a creamy Napolitana sauce

BURGERS

Garnished with mayo, lettuce, tomato, onion, pickles on a kitka roll, served with hand cut fries or a side salad. Choose between beef or chicken

ROCCA CLASSIC 88

Classic burger

JALAPENO 108

PEPPADEW & AVOCADO

CHICKEN BURGER 79

Hot 'n spicy crumbed chicken or Tikka chicken fillet burger

CHEESEBURGER 89

Classic burger with cheese

THE MEC 105

Macon, egg & cheese

RIB BURGER 105

SALADS

Served with pumpkin seed ciabatta

GREEK SALAD(V) 85

An arrangement of mixed lettuce, cherry tomatoes, cucumber, olives, red onion & feta

CHICKEN CORIANDER SALAD 97

Mixed lettuce, succulent grilled chicken strips, cherry tomatoes, cucumber, carrots, avo, feta & fresh coriander

SPICY PRAWN SALAD 109

Spicy grilled prawns, avo, cherry tomatoes, spring onion, cream cheese, coriander & crushed nuts

GRILLS

RIB & WINGS 186

400g BBQ beef ribs & 6 grilled chicken wings served with fries & onion rings

BEEF FILLET & PRAWN 269

250g flame grilled fillet & 6 tariki grilled prawns served with fries & onion rings

BEEF FILLET 199

250g flame grilled fillet steak served with fries & veg - mushroom or pepper sauce

RUMP & PRAWN 248

250g flame grilled rump & 6 tariki grilled prawns served with fries & onion rings - mushroom or pepper sauce

RUMP STEAK 185

250g flame grilled rump steak served with fries, veg & mushroom or pepper sauce

LAMB CHOPS 185

400g lamb chops served with fries & veg - BBQ, rosemary or pepper crusted

EL TRIO 240

400g ribs, ¼ flame grilled chicken, & 200g lamb chops served with fries & onion rings

MONSTERT-BONE 189

400g Flame grilled BBQ or Masala T-bone served with fries & onion rings.

ROCCA CHATEAUBRIAND 199

250g flame grilled fillet served with creamy buttered mash & veg - mushroom or pepper sauce

RIB & CALAMARI 219

400g BBQ ribs and crumbed calamari served with fries & onion rings

RACK OF RIBS 169

400g BBQ ribs served with fries & onion rings

LIGHT MEALS

FILLET STEAK ROLL 135

Char-grilled 250g beef fillet, caramelised onion, cheese & mushroom on a fresh kitka roll

FLAME GRILLED CHICKEN 85

Tikka or lemon quarter chicken, served with fries & veg

ROCCA SCHNITZEL 125

Crumbed chicken topped with cheese sauce, served with fries & veg - mushroom or pepper sauce

GLAZED STICKY WINGS 75

6 soy glazed grilled chicken wings served with fries & a Sriracha dip

STARTERS

SUPERLOADED NACHOS 105

Crispy corn chips fully loaded with pulled rib, guacamole, cream cheese, corn & jalapeño

CHEESY MEXICAN NACHOS (V) 85

Cajun corn chips with salsa, mexican or BBQ sauce topped with cheese

WINGLETS 75

BBQ or peri-peri winglets

CALAMARI 79

Crumbed calamari served with garlic mayo (hot or not)

GARLIC BREAD (V) 59

Oven baked garlic & cheese ciabatta

CURRY

With roti or rice. Served with mango atchar & poppadum

LAMB MADRAS 115

Selected cuts of lamb, slow cooked in a masala sauce

PRAWN CHAAT 160

Shell on prawns in a creamy curried sauce

GREEN THAI CHICKEN 95

Fresh chicken fillet in a creamy green thai curry sauce

BUTTER CHICKEN 105

Fresh chicken fillet in a creamy curried sauce

SEAFOOD

PIRATE PLATTER 205

Battered hake, 3 Tariki grilled prawns, 3 creamy garlic mussels, & crumbed calamari. Served with fries or rice

PRAWNSTAR 192

10 Vannamei prawns in Tariki sauce on a bed of rice

HAKE & FRIES 105

Crispy & light battered hake served with fries

DESSERT

MUFFINS 24

MALVA PUDDING 53

ICE CREAM & HOT CHOCOLATE SAUCE 42

ROCKY ROAD WAFFLE 64

PANCAKES (Cinnamon, caramel banana & chocolaat) 54

HOUSE CAKE (Add cream or ice cream 10) 55

STICKY TOFFEE PUDDING 53

BROWNIES & ICE CREAM 64

ORIGINAL WAFFLE 53

BANANA WAFFLE 59

WARM DRINKS

Decaf add 8

Latte 30

Cappuccino 30

Cream cappuccino 35

Americano 28

Flat white 29

Espresso 18

Filter coffee 20

Filter refill 16

Infused latte 36

White hot chocolate 36

Hot chocolate 35

Café mocha 37

Caramel mocha 47

Dark chocolate mocha 47

Tea Five Roses 21

Green tea 24

Red espresso 28

Red cappuccino 32

Red cappuccino cream 39

Red latte 36

Hot chai tea 36

SMOOTHIES

Smooth sweet banana 52

Peanut butter 52

Rocca berry 52

COOL DRINKS

Sodas (200ml) 18

Sodas (300ml) 19.9

Tizers 26

Ice tea 24

Water (500ml) 19

Water (1L) 26

Fruit juice 35

Milkshakes 42

Gourmet shakes 49

Coffee shake 44

Affogato 48

Frullato 45

Fruit Shake 44

Cordials 28

Still lemonade 29

Infused lemonades 38

Gourmet slush 46

MOCKTAILS

Watermelon nojito 58

Mint nojito 58

Blue curacao 54

Cosmo crush 54

Strawberry Daiquiri 55