



**LARocca**  
GOOD FOOD CO

# BREAKFAST

## FEATHER LIGHT

Poached eggs, grilled chicken fillet, baked beans, side salad & toast 71

## BIG DADDY

2 eggs, 2 macon, 2 sausage, baked beans, fries & toast

Big Daddy Original	71
Chicken BBQ or Masala	81
Steak BBQ or Masala	75

## SALMON BENEDICT

Poached eggs with avocado (seasonal), smoked salmon & spring onion coated with hollandaise sauce on a toasted ciabatta 99

## MEXICAN BENEDICT

Poached eggs with a chilli fried mince, coated with a hollandaise sauce & served with a salsa on a toasted panini 77

## RIB BENEDICT

Pulled ribs tossed with mushrooms, onion & peppers on a toasted ciabatta, topped with poached eggs and hollandaise 88

## VITALITY BREAKFAST (V)

A fresh bowl of seasonal fruit, flavoured yoghurt & muesli 65

## FUNGI OMELETTE (V)

Mushroom, spinach, onion & garlic 61

## OMELETTE AU' FROMAGE

Mixed cheese, tomato & macon with a slice of bread 61

## B.O.T

Scrambled eggs mixed with mushrooms, onion, tomato, feta & sausage on top of rye toast 88

## MOTHER CITY

2 eggs, 2 sausage, 2 macon, grilled mushrooms & tomato with toast 75

# START

## CHEESY MEXICAN NACHOS (V)

Cajun corn chips with salsa, Mexican or BBQ sauce topped with cheese 75

## WILD WINGS (HOT OR NOT)

A choice of BBQ or peri-peri sauce 68

## GARLIC BREAD (V)

Ciabatta slices with garlic, parsley & cheese 55

## SOUP OF THE DAY

Served with a side of toasted ciabatta 59

## CHICKEN & MUSHROOM SOUP

Served with a side of toasted ciabatta 59

# SANDWICHES

CHICKEN MAYO	58	CHEESE & TOMATO (V)	55
STEAK, CHEDDAR CHEESE & ONION	85	PERI CHICKEN MAYO	59
CHEESE, MUSHROOM & ONION (V)	61	THE DAGWOOD	98

Macon, burger patti, egg, lettuce, tomato, onion & cheddar cheese

# CIABATTA & TRAMEZZINI

CHICKEN MAYO	
Creamy chicken mayonnaise on a herb tramezzini	85
SPINACH & FETA	
Freshly tossed creamy spinach & feta on a herb tramezzini	84
RUMP CHEDDAR MELT	
Succulent rump slithers, caramelised onion, cheddar cheese & mushroom or pepper sauce with a garnished bed of lettuce & tomato on a ciabatta	125
HONEY MUSTARD SARMIE	
Ciabatta with grilled chicken on a bed of lettuce, tomato, spring onion & a drizzle of honey mustard mayonnaise	88
GOURMET GATSBY	
Char-grilled beef fillet slithers on a toasted garnished ciabatta stuffed with peri-peri fries	128
GOURMET BURGER	
Char-grilled 250g beef fillet on a toasted garnished bun with caramelised onion, served with fries or side salad	125
THE FERMO (HOT OR NOT)	
Succulent beef or chicken strips with braised onion, peppers & mushrooms sautéed in a Mexican or BBQ sauce on a herb tramezzini	95

# SALAD

GREEK SALAD (V)	75	BUTTERNUT SALAD (V)	85
An arrangement of mixed lettuce, cherry tomatoes, cucumber, olives, red onion & feta		Oven roasted butternut, toasted pecan nuts, creamed cheese, rocket, pumpkin seeds & red onion	
CHICKEN & CORIANDER SALAD	88	SPICY PRAWN SALAD	99
An arrangement of mixed lettuce, succulent grilled chicken strips with cherry tomatoes, cucumber, carrots, avocado (seasonal), feta & fresh coriander		Spicy grilled prawns, avocado, coriander, cherry tomatoes, spring onion, cream cheese & crushed nuts	

# PASTA

BASIL VEG (V)	85	ALFREDO	79
Assorted veg & rosa tomatoes tossed in garlic, basil pesto & feta		The classic La Rocca Alfredo with chicken, garlic & mushrooms in a creamy béchamel sauce	
ROKARI CHICKEN	95	BAKED ALFORNO	95
Chicken sautéed in a creamy curry scented Napolitana sauce		(allow 20 minutes to prepare)	
		Grilled chicken, garlic, mushrooms & oregano tossed in a béchamel sauce baked with cheese	

# PIZZA

CLASSIC MARGHERITA (V)	75	SAN MARCO	94
Italian tomato base & cheese		Grilled chicken with feta & avocado (seasonal)	
MONZA	93	CALCUTTA	95
Tikka chicken strips with spinach & avocado (seasonal)		Grilled prawns, garlic butter, onion & avocado (seasonal)	
RIBERY	93	HUNGARIAN	92
Rib meat, onion, mushrooms & peppers		Grilled chicken, garlic & mushroom	

# BAGEL

CHEESE & TOMATO	35	CHICKEN MAYO	45
MACON, AVOCADO & MOZZARELLA	69	SALMON, CREAM CHEESE & SPRING ONION	75

# WRAPS

BOSS WRAP	79	MEXICAN DELIGHT	98
Grilled or crumbed chicken strips, lettuce, tomato, guacamole & honey mustard sauce		(allow 20 minutes to prepare)	
TIKKA FOLD OVER	77	CHEESE BURGER WRAP	79
Grilled tikka chicken on a bed of lettuce & tomato encapsulated in a roti with a touch of mayonnaise		180g burger slithers in a garnished tortilla with cheese & mayonnaise	

# CHICKEN

ROCCA SCHNITZEL	
Crumbed chicken topped with cheese sauce, served with fries & veg - mushroom or pepper sauce	115
QUARTER CHICKEN & FRIES	
Oven roasted chicken served with fries & veg - tikka, lemon butter, BBQ or peri-peri sauce	75
LEMON BUTTER CHICKEN	
Grilled chicken fillet in a creamy lemon butter sauce served with fries & veg	105

# BURGERS

all burgers are served on a brioche bun with lettuce, tomato, onion & mayonnaise

ROCCA CLASSIC	80	JALAPENO, PEPPADEW & AVOCADO	98
CLASSIC CHEESE	85	MEC	95
THE M&M (MUSHROOM & MOZZARELLA)	98	(MACON, EGG & CHEESE)	
RIB BURGER	95	SMASH BURGER	99

# MAINS

BEEF FILLET	185	BEEF FILLET & PRAWN	245
250g char-grilled BBQ beef fillet served with veg & fries or side salad - mushroom or pepper sauce		250g char-grilled BBQ beef fillet served with 6 tariki flavoured prawns, onion rings & fries - mushroom or pepper sauce	
RUMP STEAK	169	MONSTER T-BONE	175
250g char-grilled BBQ rump steak served with veg & fries or side salad - mushroom or pepper sauce		400g char-grilled BBQ or Masala T-bone served with fries & onion rings - mushroom or pepper sauce	
ROCCA CHATEAU BRIAND	188	RIBS & WINGS	169
250g char-grilled fillet served with buttery mashed potatoes & veg - mushroom or pepper sauce		400g BBQ beef ribs & 6 chicken wings served with fries & onion rings	
RACK OF RIBS	155	EL TRIO	219
400g BBQ beef ribs served with fries & onion rings		200g grilled chops, tikka chicken leg quarter, 400g BBQ beef ribs served with fries & onion rings	
RIB & QUARTER CHICKEN	160	LAMB CHOPS	168
400g BBQ beef ribs & a quarter chicken served with fries & onion rings - Tikka, lemon butter, peri-peri or BBQ sauce		400g lamb chops served with fries & veg - BBQ, rosemary or pepper crust	
RIB & CALAMARI	199	RUMP & PRAWN	225
400g BBQ beef ribs with calamari served with fries & onion rings		250g char-grilled BBQ rump steak served with 6 tariki flavoured prawns, onion rings & fries - mushroom or pepper sauce	